

The National College  
of   
Colon Hydrotherapy

**POST-GRADUATE COLONIC HYDROTHERAPY WEEKEND WORKSHOP**

**Saturday 9<sup>th</sup> October and Sunday 10<sup>th</sup> October, 2010**  
**Venue: The Chapel, Enmore, Nr Bridgwater, Somerset TA5 2AN**

**Timetable:**

**Friday 8<sup>th</sup> Oct:** meet at clinic for dinner out at 7.00 p.m. (optional but good idea to meet everyone socially-please confirm in advance)

**Saturday 9<sup>th</sup> Oct.:** 09.00 - 13.00 Theory discussions including

- Working Naturopathically
- Answering critics of CH with science and sense.
- Case-history taking – some tips. Hygiene in the clinic
- Woods gravity, machines and open systems.
- Modulating bowel function. De-toxing, fasting, half-fasts

AND as always, addressing questions from participants.

14.30 - 18.00 afternoon practical sessions

- Using gravity and machine. Implanting.

**Sunday 10<sup>th</sup> Oct.:** 10.00 – 13.00

- Regulation- what it could mean for us all.
- IBS – types C, D, M & PI and how to treat;
- Bowel reflexes – neurological and virtual reflexes
- Poo workshop – identify that fast-moving piece of detritus!

14.30 - 16.30 Final practical sessions, discussion and review.

**Workshop leader: Roger Groos, B.Sc.**

Roger Groos studied biology at degree level, worked as an agronomist both in the UK and overseas for 14 years, then re-trained in holistic medicine and colonic hydrotherapy from 1986-88. His background as a biologist and practitioner has helped to develop and reinforce training of colon hydrotherapy in the UK. Roger founded Practitioner Supplies, a specialist supplier to colon hydrotherapists and has designed much equipment we use today. He has run popular postgraduate workshops since 1993 and has been closely involved with the evolution of ARCH over the years and as a director of the General Naturopathic Council is involved in the future regulation of our therapy.

**Course cost: £160.00 covering tuition, handouts, light lunch and a.m. & p.m. refreshments**  
(£75.00 non-returnable deposit + balance of £85.00 payable one month before course date)  
A certificate of attendance will be given for CPD.

**Accommodation:** A list of suitable nearby B&B's will be sent upon confirmation of your booking.

**Booking:** Open to both ARCH members and qualified colon hydrotherapists, numbers are limited to 10 participants, allocated on a first-come first-booked basis.

Please use the separate booking form enclosed, and return with your deposit to:  
NCCH, Peggies, Beach Road, Woolacombe, Devon EX34 7AE  
tel 01271-870436 email rogerwj@ncch.co.uk

## NCCH POSTGRAD COURSE BOOKING FORM

Please book my place on the Postgrad. CH workshop on  
9<sup>th</sup>/10<sup>th</sup> October, 2010

Name:

Address:

Tel.

Fax.

e-mail

Please complete the following (certificates not required):

Study centre of your colonic qualification and date studied:

Other professional qualifications (i.e. nursing, MD, therapies)

Membership of professional bodies:

I enclose a deposit (non-refundable) of £75.00.

I will pay the balance of £85.00 one month before respective workshop dates

**PLEASE MAKE CHEQUES PAYABLE TO "NCCH"**

Please indicate whether you will be coming on Friday evening for dinner out.

Do you have any restrictive dietary preferences? If so, please state.

Do you have any medical condition which may affect any practical sessions with you acting as recipient of treatment?

I certify the information given above is correct

Signed

**Please return to: Roger Groos, Peggies, Beach Road, Woolacombe, Devon EX34 7AE**